

Training

At GEWA, our vision is to eliminate all forms of violence against women and girls. We do this by undertaking prevention work and delivering awareness raising sessions to external organisations such as housing, social work, early learning practitioners, educational institutions (schools, colleges and universities), health professionals and other third sector or statutory organisations.



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Monday - Friday
9:30AM - 3:30PM



@GlasgowEastWomensAid



@GlasgowEastWA

Out of Hours - Scotland's 24/7 Domestic Abuse and
Forced Marriage Helpline 0800 027 1234



 Glasgow East
Women's Aid
Working together to make a difference



Information Leaflet

Affiliated to Scottish Women's Aid
Charity Number: SCO23938 Company Number: SC399133

Domestic Abuse

does your current partner, ex-partner or extended family:

- **put you down** or make you feel bad about yourself?
- **dictate what you wear**, how you look, tell you not to show 'too much skin' around others?
- **blame you** for their abusive behaviours e.g. 'you made me do this'?
- saying **you are unstable/unfit** (to look after children/yourself)?
- **control who you see**, set 'curfews' for you, constantly check up on you, ask who you are with?
- have **access to your social media, emails** or phone/tracks your location?
- **force you do to sexual things** that you are not comfortable with?
- **threatens to share your explicit pictures** to family/friends (if you leave them)?
- **intentionally show up in** the areas you live/visit (stalking)?
- not allow you to have/**limits your access to money**?

- **make you question** if the abuse actually happened?
- **disguises the abusive behaviour** by showering you with gifts/compliments?
- **use the children** to monitor your movements, withhold child contact, threaten to report you to social work?
- **threaten to hurt you** with a weapon or physically hit you?
- **withhold medication** or access to support services?
- say you will **bring shame to the family if you leave an (abusive) relationship/marriage**?
- **force you to marry** someone you do not want to?
- threaten to **jeopardise your immigration status**?
- **use your sexuality/gender identity against you** e.g. threatening to 'out' you if you do not listen to them?
- **intimidate you** by certain looks, actions, gestures?
- **encourage you** to depend on or use drugs or alcohol?
- **use intoxication** to abuse you?

What we can do for you

We provide 1:1 support on emotional and practical issues such as your rights, helping you understand domestic abuse, safety planning, housing, benefit advice and support children and young people.

- Crisis Drop-In**
- Children and Young People**
- Support and Advocacy**
- Counselling**
- Family Development**
- Refuge**
- Survivor, Trauma, Abuse and Addiction Recovery (STAAR)**