



Information Leaflet – Easy Read

Domestic Abuse

Does your current partner, ex-partner or extended family:



put you down or make you feel bad about yourself?



tell you what you wear, how you look, tell you not to show 'too much skin' around others?



blame you for their abusive behaviours.
For example, 'you made me do this'?



say **you are unstable or unfit** (to look after children or yourself)?



control who you see, set 'curfews' for you, constantly check up on you, ask who you are with?



have **access to your social media, emails** or phone, and tracks your location?



force you to do sexual things that you are not comfortable with?



threaten to share your explicit pictures to family or friends (if you leave them)?

Explicit pictures can be showing parts of the body without your consent.



often shows up in the areas you live or visit without invitation? This can be called stalking.

not allow you to have or **limits your access to money?**



make you question if the abuse actually happened?



cover up the abusive behaviour by giving you lots of gifts and compliments?



use the children to monitor your movements, withhold child contact, threaten to report you to social work?



threaten to hurt you with a weapon or physically hit you?

withhold medication or access to support services?



say you will **bring shame to the family** if you leave an (abusive) relationship or marriage?



force you to marry someone you do not want to?



threaten to **put your immigration status at risk?**



use your sexuality or gender identity against you. For example, threatening to 'out' you if you do not listen to them?



scare you by certain looks, actions, or gestures? A gesture could be raising their hand to you.



encourage you to depend on or use drugs or alcohol?



abuse you **while using alcohol or drugs?**



What we can do for you

We provide 1:1 support on emotional and practical issues such as;

- your rights,
- helping you understand domestic abuse,
- safety planning,
- housing,
- benefit advice
- and support children and young people.

Crisis Drop-In

Children and Young People

Support and Advocacy

Counselling

Family Development

Refuge

Survivor, Trauma, Abuse and

Addiction Recovery (STAAR)



Training

At GEWA, our vision is to get rid of all forms of violence against women and girls.

We do this by undertaking prevention work and delivering awareness raising sessions to multiple organisations such as housing, social work, early learning practitioners, educational institutions (schools, colleges and universities), health professionals and other third sector or statutory organisations.

Contact information

Phone – 0141 781 0230

Address – 753 Westerhouse Road, Glasgow, G34 9PB

Email – info@gewa.org.uk

Opening times – Monday to Friday 9:30AM to 3:30PM

Facebook – @GlasgowEastWomensAid

Twitter and Instagram – @GlasgowEastWA

Out of Hours – Scotland's 24/7 Domestic Abuse and Forced Marriage Helpline 0800 027 1234

Affiliated to Scottish Women's Aid

Charity Number: SCO23938

Company Number: SC399133

