

YOUR DONATIONS COULD PROVIDE:

£10 could provide a birthday gift and card for a resident child in our refuge

£20 could provide a Welcome Pack with essentials for a new family

£50 could provide a trip to an outdoor or wildlife centre for 5 children

£100 could provide towards an annual TV license, Christmas gifts for residents in refuge or contribute to the food for taking children on a 5 day residential trip

**ANY HELP IS GREATLY APPRECIATED,
THANK YOU!**

FUNDING

Lynne is our finance worker and with over 12 years experience she continually ensures that all GEWA funding runs smoothly and is allocated to the appropriate budgets. Lynne along with everyone else within the collective is committed to keeping the financial course as smooth and robust as possible in an ever changing difficult climate.

Statement of Financial Activities

(Incorporating the Income and Expenditure account)

Year ended 31 March 2014

	Unrestricted Funds (£)	Restricted funds (£)	Total funds 31.3.14 (£)
INCOMING RESOURCES			
Voluntary Income	11032	622822	633854
RESOURCES EXPENDED			
Charitable activities	3825	597716	601541
Charitable expenditure			
Governance costs	-	13147	13147
Total resources expended	3825	610863	614688
NET INCOMING RESOURCES	7207	11959	19166
RECONCILIATION OF FUNDS			
Total funds brought forward	73001	119731	192732
TOTAL FUNDS CARRIED FORWARD	80208	131690	211898

* Reserves Policy – We aim to hold a prudent general reserve to cover any costs arising in the event of the closure of the charity. This equates to approximately 3 months running costs which is an acceptable level of reserves.

Thank You!

To all our supporters-
especially our funders



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Formerly Greater Easterhouse Women's Aid.

Affiliated to Scottish Women's Aid.

Charity Number: SCO23938 Company Number SC399133

Glasgow East Women's Aid

Working together to make a difference

Annual Report 2013 / 2014



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BOARD REPORT

The board which has been effectively progressing for over three years has continued to work on building and strengthening their knowledge and expertise. All of the members, both founding and new, have worked together in conjunction with staff using their skills and commitment to GEWA in an ongoing mission to end Violence against Women. Despite various financial challenges in 2013/14 GEWA have continued to provide an excellent service for women, children and young people throughout the North East of Glasgow. Much of the success of GEWA is attributed to the dedication and enthusiasm of all members, employees and volunteers. Always aiming to progress and move forward, GEWA continues to maintain high standards and successful services in an ever changing financial climate.

REFUGE

Providing a safe shelter to women and families fleeing abuse is an extremely vital service provided at GEWA. We have 5 flats which are continuously full. GEWA refuge staff Ann and Kim make the space they have to offer women, warm, safe, welcoming and somewhere women and families can regroup and recover in a way that is both person centred and needs led.

There are a range of activities incorporated in the refuge stay including counselling support, practical assistance such as budgeting and healthy eating, parenting support and goal setting for the future. These types of support are essential in the recovery – most women have experienced no financial autonomy, parenting decisions or being independent.

The women meet up for a coffee morning and peer support regularly, there is always opportunity for the families to access activities that promote their self-esteem and wellbeing.

WOMEN'S THERAPEUTIC COUNSELLING AND SUPPORT SERVICE

Again in 2013/14, one of the most valued services was the Women's Therapeutic Counselling and support Service, which is provided by GEWA workers Anne, Janice and Mairead who have many years of experience specialising in their own areas of expertise. The need for this area of support is highlighted by the continual growth in the number of referrals for women and families. The counselling and support services are offered from our main office and on an outreach basis covering the North East sector of Glasgow

GEWA services are devised to support the ever changing requirements of women in today's society. We work with women affected by addiction, childhood sexual abuse, rape and sexual assault.

We recognise that women who are survivors of domestic abuse and or any of the other issues are more likely to use drugs or alcohol as a coping mechanism. Addiction can be prevalent in women living with domestic abuse. Compared to non-abused women, survivors of domestic abuse

are 15 times more likely to abuse alcohol and 9 times more likely to abuse drugs therefore, this strand of support within GEWA is highly relevant.

As statistics from GEWA in 2006 revealed, the correlation between adult survivors of domestic abuse and the likelihood of experiencing childhood sexual abuse which show that for every 10 women referred for the women's service 6 had experienced some form of childhood sexual abuse. Providing services to women affected by this is integral to meeting the needs of women using the service.

CHILDREN'S & YOUNG PEOPLE'S WORK

GEWA's children services are continuously in high demand due to the prevalence of domestic abuse in the North East of Glasgow and in-depth knowledge and attitude of the key workers Gillian and Gemma who are based in the main office and Karen, based at our refuge. Along with the main children's service there are 2 sessional staff members at refuge and as a team all children's workers work towards a wide range of activities and events for the children and young people to take part in helping them when they are recovering from the effects of domestic abuse.

Any child aged between 5 and 18 who has experienced or is affected by domestic abuse can be referred to the excellent variety of activities on offer such as:

- Age appropriate resources provided in one to one sessions
- Group work focusing on various themes including self-esteem and safety, which aim to assist in recovery
- Outings which encourage social interaction, exercise and outdoor experiences

One of the most popular and rewarding activities is the Hopscotch holiday for some children who have been engaged with GEWA throughout the year. For many children this once in a lifetime experience provides a range of outdoor pursuits which helps to build confidence and self-esteem as well as forming friendships with other young people.

FAMILY DEVELOPMENT SERVICE

Building on our initial 3 year funding from The Big Lottery Fund Scotland Eleanor has been dedicated to the development of family work within GEWA.

Family dynamics change dramatically when a woman leaves an abusive situation with her children. This can cause great difficulty in keeping boundaries and structure that she may want to create with her children, often due to her lack of confidence in parenting because of the changing situation.



A role of the Family Development worker is to help the family unite after abuse, support Mum in her role as a parent. Eleanor will assist with finding a sense of safety and stability for the entire family. Eleanor provides individual support for women and children and as a family unit. Taking a person centred individual approach to all aspects of her work.

We hope to continue with this vital work and will look to extend our funding when this funding is due to end in March 2015.

- It is with huge sadness that we said Happy Retirement to GEWA's longest serving sister when Mairead decided to call it a day and allegedly put her feet up. Mairead has proved invaluable and has been at the forefront of change in statutory responses to victims of Domestic Abuse. She has also been at the helm of many changes through her years in GEWA. She will also be remembered by many, many women whom she stood their ground for when they were unable to do so. Giving them a voice when no one else would. We wish her every success in her future ventures where she will continue her private work in the field, supporting women and children and delivering specialised training. On a personal level she will also be remembered for her spectacular lunches!

MULTI-AGENCY APPROACH

GEWA has operated within a multi-agency context since formation, and as the years have passed the organisation has maintained a pro-active approach in being involved in local strategic groups and partnerships. Pamela is the current multi-agency development worker who represents GEWA at the Glasgow Violence Against Women Partnership, the North East Violence Against Women Implementation Group and a range of themed sub groups to ensure GEWA has a presence and input to service delivery development and decisions affecting women, children and young people in Glasgow East.

The 10 week unpaid worker course continues to be an ongoing success. The programme enables women to volunteer in GEWA allowing women to improve their confidence and employability skills.

One of the most popular events this year at GEWA was the INTERNATIONAL LADIES DAY on 8th March 2014 when we held our "TEA PARTY" with all the women using the services enjoying this special occasion.



HOW CAN YOU HELP?

You can support our much needed services at Glasgow East Women's Aid for women, children and young people. You can help a family move on from the effects of domestic abuse. You can help them on the path to leading safe and fulfilling lives by:

- Visiting our website - www.gewa.org.uk to find out how to make a donation
- Contact our office on 0141 781 0230 for a standing order form